



Give It A Try 2023



**No Experience
Required!**

Young Female Players Wanted! (age 8-14 years)

Give it a try (GIAT) is a 1 hour a week, 8 week program designed for to encourage new young female players into the game of Rugby.

GIAT develops the key skills required for minis / youth rugby and upon completion players can progress to training in late August.

Scan Or click for
Directions To WRFC



Minis rugby (up to age 12) and Youth rugby (ages 12-18) is a gradual multi step progression route from tag up to the full game that we all know well.

Q+A

When is it On? - **Starts Wed 21st June 7:00 - 8:00 p.m.**

How much Does it Cost? - **€10 Total**

What do you need to bring? - **Trainers or boots, shorts and a T-shirt**



Scan Or Click Here To Register



**#GIVE IT
A TRY**



Current Players:

Can attend if
you bring a
newbie friend!

Wicklow Rugby Club has a proud tradition of supporting women's rugby!
We host teams at all grades from U8's to Senior ALL

